

# CCDC COVID-19 GUIDELINES

Child care providers across the state have always prioritized the health and safety of the children in their care. With the spread of COVID-19, new health and safety protocols are necessary to ensure children, families, and staff members are as safe as possible. This document provides tools to help you make the best decisions possible to limit the spread of COVID-19 and to create safe spaces for children and staff members. We will continue to update the document based on our best knowledge and partner with the field to learn about how we fight this virus while providing quality child care.

## **ASSESS DROP OFF AND PICK UP TIME**

To minimize the potential spread of COVID-19, we will limit the number of individuals entering into CCDC at drop off, pick up, and throughout the day. Please fill out your contract as normal and you **MUST** drop off and pick up at the times contracted.

- **Daycare Drop Off/Pick Up** will be at the parking lot entrance only. Parents are required to check in their child on the Brightwheel app. We are asking that only 1 parent drop off and no lingering in the hallways.
  - *Hand sanitizing stations are located at all entrances. Adults and children are required to disinfect their hands upon arrival.*
- **Preschool Drop Off/Pick Up** will be at the parking lot entrance. Preschool parents are required to check their child in at 8:45am and out at 12:00pm, in at 1:00pm and out at 4:15pm.
  - **Young Preschool** will begin their day on the playground.
  - **Pre-K Preschool** will begin their day on the playground.

## **MONITORING SYMPTOMS OF COVID-19**

- It is required that the parent answer the health questions on the Brightwheel App:
  - *No cough or shortness of breath*
  - *No contact with COVID-19 in the last 14 days*
  - *No fever. If a child's temperature is above 100.4 degrees or shows any of the COVID-19 symptoms, they will be excluded from care.*
- All thermometers in the classrooms will be cleaned and disinfected between uses following the manufacturer's instructions.
- We will perform visual checks on the children for signs of illness including: flushed cheeks, rapid or difficulty breathing (without recent physical activity) fatigue or extreme fussiness.
- If a child or staff member develop symptoms during care, they will be isolated in the CCDC office separate from other children and will remain until they are picked up.
- If a staff member or child has a fever or a cough, we will follow our CCDC Handbook policy. At this time, it is recommended that children be fever free for 24 hours before returning to care (even if other symptoms are not present). If a staff member or child exhibits multiple symptoms of COVID-19, or you suspect possible exposure or an individual tests positive for COVID-19, the individual must stay home until:
  - *He/She has been fever-free for at least 24 hours without the use of medicine that reduces fevers **and***
  - *Other symptoms have improved **and***
  - *At least 10 days have passed since your symptoms first appeared.*
- Families should be encouraged to have back-up child care plans if the child or a family member becomes ill or is required to self-quarantine due to possible COVID-19.
- If a parent tests positive for COVID-19, children are required to quarantine with the parents.
- [https://www.michigan.gov/documents/lara/Child\\_Care\\_Guidelines\\_COVID19\\_726471\\_7.pdf](https://www.michigan.gov/documents/lara/Child_Care_Guidelines_COVID19_726471_7.pdf)

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## **QUARANTINE GUIDANCE FOR Staff and Children Age 2 and Older**

- **Close contacts of a COVID-19** case do not need to quarantine at home if they:
  - Had confirmed COVID-19 within the last 90 days
  - Are up to date on all recommended COVID-19 vaccines for which they are eligible

These contacts should still conduct symptom monitoring and "Mask to Stay" for 10 days from the date of last exposure.

- **Close contacts of a COVID-19** case who do not meet the criteria above need to quarantine and mask to stay (day 6-10).
- Exposed individuals must:
  - Home quarantine for days 1-5, if feasible test on day 5, AND "Mask to Stay" for days 6-10, OR
  - Home quarantine for days 1-10 if unable/unwilling to mask
- **The program will conduct contact tracing within the child care program to identify close contacts of the person who is positive and the most recent day those individuals had contact with the person who is positive. (Programs are encouraged to use attendance records for this.) \*CCDC goes back and reviews our classroom cameras.**

***Students, teachers & staff should monitor for symptoms throughout quarantine period (days 1 through 10). Day "0" is day of last close contact with any COVID-19 positive student, teacher, or staff. If symptoms develop, get tested.***

## **QUARANTINE GUIDELINES: Isolation Guidance for All Staff and Children Age 2 and Older**

Students, teachers & staff who test positive for COVID-19 and/or display COVID-19 symptoms should isolate **regardless of vaccination status:**

- **Isolate at home for days 0 - 5 (day "0" is day symptoms begin or day test was taken for those without symptoms);**
- **If symptoms have improved or no symptoms developed, return to school, while wearing a well-fitted mask, for days 6 -10; or**
- **Stay home for days 0 - 10 if unwilling/unable to wear a mask**
- **The program will conduct contact tracing within the child care program to identify close contacts of the person who is positive and the most recent day those individuals had contact with the person who is positive. (Programs are encouraged to use attendance records for this.) \*CCDC goes back and reviews our classroom cameras.**
- Close contacts who have tested positive for COVID-19 in the past 90 days do not need to quarantine. They must wear a mask around other people while in the child care program for 10 days after exposure.
- **Children should monitor for symptoms throughout quarantine period (days 1 through 10). Day "0" is the day of last close contact with any COVID-19 positive individual. If symptoms develop, get tested.**

## **REPORTING EXPOSURE**

If a child, staff member, family member becomes ill with COVID-19 symptoms, we must contact our local health department and licensing consultant for next steps. Staff and families of children in care are also required to report to the provider if they become symptomatic or receive positive COVID-19 test results. If an individual in a classroom is identified with a positive test for COVID-19, we will contact our local health department for guidance and best practices and to determine if our entire Center or classroom must close. The classroom will be cleaned and sanitized, along with the toys.

## **SOCIAL DISTANCING**

We will not be mixing school age children with the younger children, unless it is necessary (opening and closing times).

- As much as possible, classrooms should include the same group of children and caregivers.
- Please refer to the website and/or Brightwheel for your child's menu.
- We have purchased touchless trash cans to provide a hands-free way to dispose of tissues and contaminants.
- Contact with teachers outside of their classroom and between groups of children should be limited.
- Bedding: One small blanket; **NO** pillows.

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## **REINFORCE BEST PRACTICES TO PROMOTE HYGIENE**

Child care providers are experts in limiting the spread of illness. We will continue to reinforce the best practices we already use with children and staff members to limit the spread of COVID-19.

- **Hand Washing:** We will be reinforcing regular health and safety practices with children and staff. Wash hands often with soap and water for at least 20 seconds. This is especially important after blowing your nose, coughing, sneezing, using the bathroom, and before eating or preparing food.
  - *Soap and water are the best option, especially if hands are visibly dirty. We will continue to have hand sanitizing stations around CCDC.*
  - *Please continue to encourage your child at home to cover coughs with a tissue or sleeve and wash with soap and water immediately after.*
  - *At this time we will not be providing dental hygiene after lunch.*
- **Cleaning and Disinfecting:** We will continue to use robust cleaning protocols on a daily basis for items touched frequently. We have our janitors/sextons, Chris and Christopher, who clean on a nightly basis. They are required to clean all bathrooms, floors, doorknobs, door frames, sinks, windows, carpets, etc.
  - *During rest time staff members are required to clean common areas. They will continue a daily deep clean (sinks, bathrooms, doorknobs, tabletops, chairs, and shared items).*
  - *Toys will be cleaned frequently; especially items that have been in a child's mouth. Some have recommended that toys should be cleaned after each child uses them (especially if a child has mouthed the toy). Although this is ideal, it is not a recommendation most child care settings can implement due to time and staff resource limitations. We will have a "wash" bucket for each classroom. These items will be disinfected every night in the commercial dishwasher.*
- **Physical Space:** CCDC is making changes to our physical space to make it safer for children and staff.
  - *Staff have removed all toys and objects which cannot be easily cleaned or sanitized between uses.*
  - *Toys should be limited to items made of materials that can be easily sanitized or disinfected.*
  - ***NO TOYS FROM HOME MAY BE BROUGHT IN.***
  - *Blankets for rest time shall be kept in a backpack/bag in cubby. These **MUST** be sent home on Friday and washed before returning to CCDC.*